

10 Days

Prayer & Fasting

Welcome to our 10 Days of Prayer and Fasting guide

We believe that giving yourself fully to 10 days of prayer and fasting will build momentum in your life and help you hear from the Lord. Leonard z said, "The two prerequisites to successful Christian living are vision and passion, both of which are born and maintained by prayer."

You may see things change instantly, you may not. However, be assured God is at work in you, your family, and your situations. His Word says in Hebrews 11:6 that "He is a rewarder of those who diligently seek him!"

Each day contains a prayer theme. This includes scripture and prayer points to meditate on. We're believing for breakthrough personally and corporately.

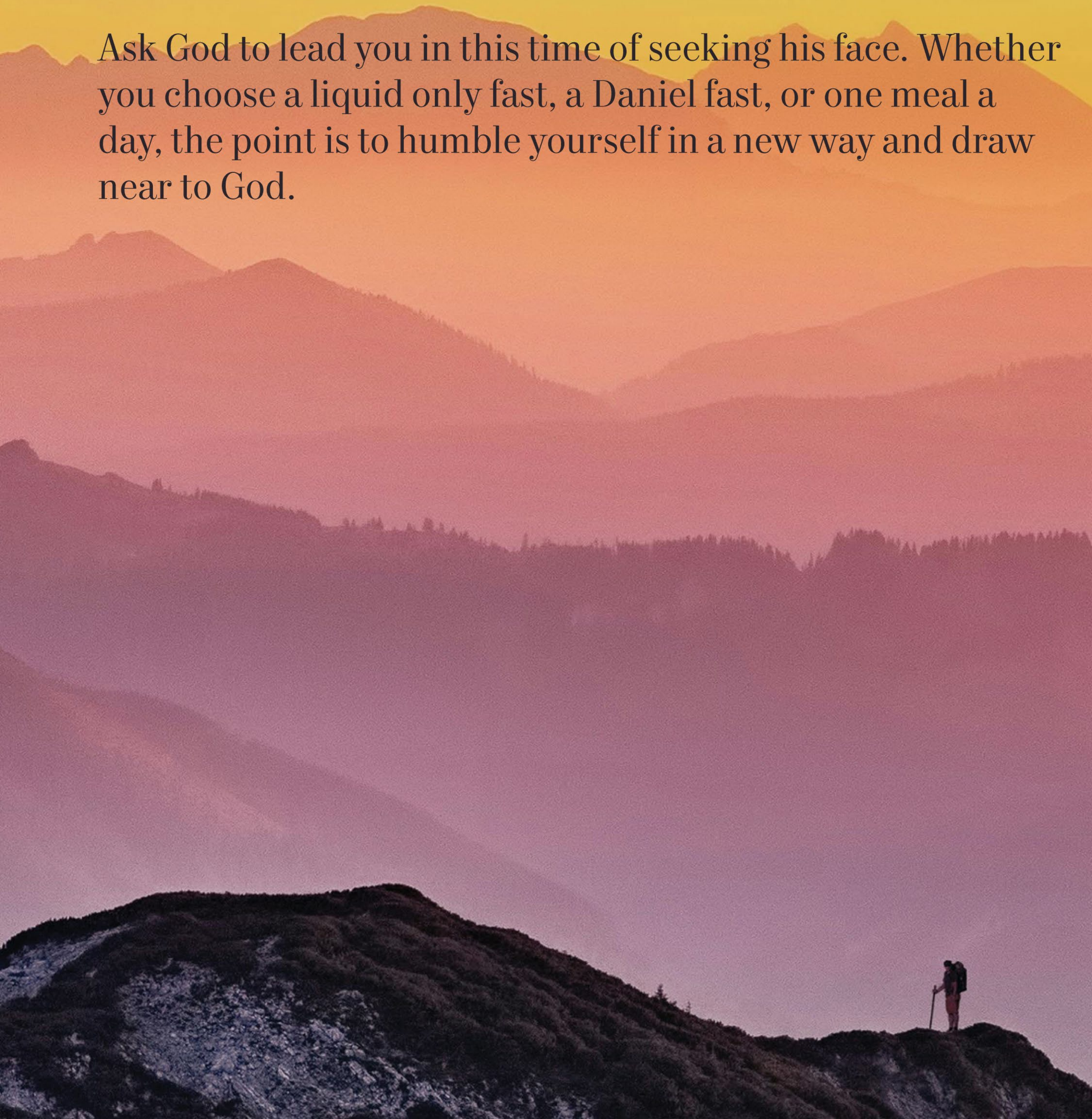
Our desire as a church is to continue to create a culture of prayer where we see breakthrough, miracles, and God answering the prayers of his people. Jesus modeled the importance of prayer and fasting. Let's commit to this in 2026 with great faith.

FASTING

WHY DO WE FAST?

Simply put, the goal of fasting is to turn ourselves from distraction and set our minds and hearts fully on God. It is not a way to manipulate God or coerce him to hear and answer our prayers, but rather it acknowledges our complete dependence on him. Fasting awakens us to the reality that we are so often driven by our fleshly desires and appetites. It humbles us and awakens us to our great need for and reliance on God. As you consider fasting, we want to encourage you to listen to the Holy Spirit.

Ask God to lead you in this time of seeking his face. Whether you choose a liquid only fast, a Daniel fast, or one meal a day, the point is to humble yourself in a new way and draw near to God.



Below are some helpful tips on how to make the most of this guide:

- + Commit to a specific time each day to devote to prayer. Find a place where you can be free of distractions and be alone with God.
- + Use the prayer points and Scripture in this guide to focus and fuel your praying. Write the Scripture and prayer point down, post it on your social media, make it the screensaver on your phone - whatever you can think of to keep these prompts in front of you. Use them throughout the day and invite others to join you in praying.
- + You can take it a step further by journaling your personal prayers and scripture you're reading. It's a great opportunity to hide God's Word in your heart.
- + In addition, you may consider ways to pray with others in life groups or with family.





DAY 1

Repentance

DAY 1

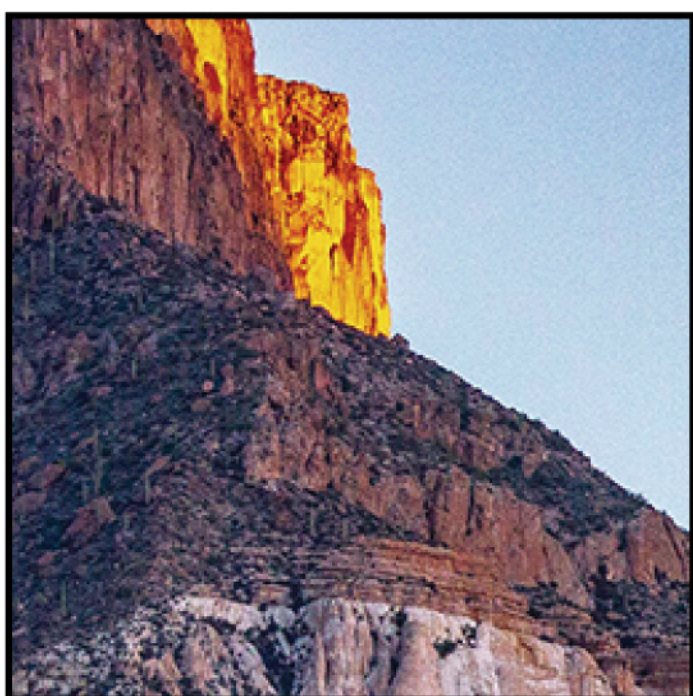
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THEME: REPENTANCE

Scripture/Psalm 51:9-10

“Hide your face from my sins and blot out all my iniquity. Create in me a pure heart, O God, and renew a steadfast spirit within me.”

Humbly coming before God in repentance is one of the best ways to kickstart or revive your prayer life. God seeks to move in and through a humble and repentant people. Let's start this year's prayer and fasting with a clean slate, free from personal regret and a guilty conscious.



Prayer Points

(For Yourself, Family + Friends, The Local + Global Church):

- + Confess Godly sorrow for past or current sins
- + Deliverance from temptation
- + Freedom from struggles in 2025
- + Strength and grace for the next 10 days
- + Spiritual growth and wisdom in 2026

A high-angle photograph of a river, likely the Colorado River, as it winds through a deep, rugged canyon. The river's water is a vibrant blue-green, contrasting with the warm, reddish-brown tones of the layered rock formations. The canyon walls are steep and show clear signs of geological strata. The river curves from the upper right towards the bottom left of the frame. The text "DAY 2" is overlaid in the upper right quadrant, and "Surrender & Trust" is at the bottom.

DAY 2

Surrender & Trust

DAY 2

02
10

THEME: SURRENDER & TRUST

Scripture/Matthew 11:28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Take a few moments to surrender your life to Him, and to invite the Holy Spirit to speak to you. It's easy to go through life and collect baggage along the way and not even realize it. We get hurt, disappointed, offended, and discouraged. If you have been weighed down, today is the day to bring it to God and receive the freedom He has for us. The Holy Spirit can give you peace beyond understanding.



Prayer Points

(For Yourself, Family + Friends, The Local + Global Church):

- + Increased obedience to the Holy Spirit in your daily life
- + Healing and uplifting of spiritual heaviness
- + Forgiveness towards anyone who may have sinned against you
- + Fresh perspective and awareness of God's voice



DAY 3

*Renewed Desire
for God's Presence*

DAY 3

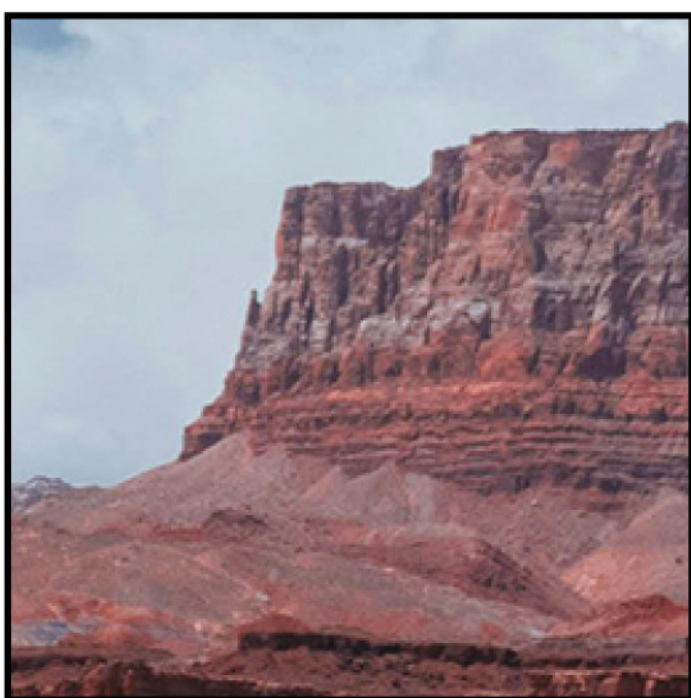
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THEME: RENEWED DESIRE
FOR GOD'S PRESENCE

Scripture/Psalm 27:4

“There is one thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple.”

Truly there is nothing better than the presence of Almighty God. Not even the majesty of Heaven's gates can compare to the beauty of being with Him. Truly, His presence in our lives changes everything about us. Ask the Lord for a deeper awareness and recognition of His Spirit in and around you.



Prayer Points

- + Stronger desire to be with God in His presence.
- + Increase of awareness for His voice
- + Freedom from the tug of false idols and demonic oppression
- + Recentered priority for the will of God
- + Hunger for God's Word

A vertical photograph of a desert landscape. In the foreground, a large saguaro cactus with two arms stands prominently. The middle ground shows a winding asphalt road with a white car and a blue car. The background features a range of mountains under a clear blue sky. The text "DAY 4" is overlaid in the upper right, and a cursive title is at the bottom.

DAY 4

*Power and
Ability of the Holy Spirit*

DAY 4

04
10

THEME: POWER AND ABILITY
OF THE HOLY SPIRIT

Scripture/Acts 1:8

“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

God makes his power available to all who believe in Jesus. His power enables us to produce good fruit, share our spiritual gifts, and overcome personal sin. Ask God to give you and our church fresh power and ability to shine brightly in this dark time.



Prayer Points

- + Fresh filling and baptism of the Holy Spirit
 - + Increase of the fruit of the Holy Spirit
 - + Increase of the gifts of the Holy Spirit
 - + Confidence in God to share the Good News
- Revelation and understanding of the Scriptures

A vertical photograph of a wheat field at sunset. The sun is a bright, glowing orb on the left side, partially obscured by the wheat stalks. The sky is filled with soft, golden clouds. The wheat stalks are in the foreground and middle ground, some in sharp focus and others blurred. The overall color palette is warm, with shades of orange, yellow, and brown.

DAY 5

Unity

DAY 5

05
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THEME: UNITY

Scripture/Psalm 133:1-3

"Behold, how good and pleasant it is when brothers dwell in unity... For there the Lord has commanded the blessing, life forevermore."

The word "unity" has received a bad rap from today's culture, but God has always desired to unite His children together around one mission, one heart, and one mind. When His people walk in unity through the Spirit, He advances His Kingdom. So let us pray for Christlike unity in our homes, our friendships, our church, and among believers throughout the world.



Prayer Points

- + Deeper love for God's people
- + Desire to bring the lost into God's family
- + Meaningful friendships with fellow believers
- + Forgiveness towards those who have sinned against you
- + Unity for marriages and families



DAY 6

*Healing for Body,
Soul, and Spirit*

DAY 6

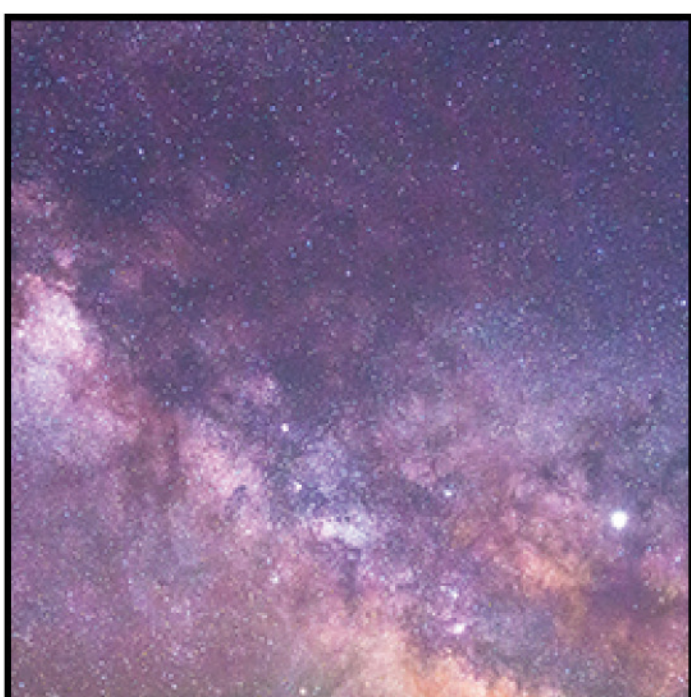
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THEME: HEALING FOR BODY,
SOUL, AND SPIRIT

Scripture/Matthew 8:16-17

“When evening came, many who were demon-possessed were brought to him [Jesus], and he drove out the evil spirits with a word and healed all the sick. This was to fulfill what was spoken through the prophet Isaiah: “He took up our infirmities and bore our diseases.”

Jesus perfectly modeled the heart of Father God towards his children. His healing hand is ready and able to heal the most broken and painful parts of us. Pray for healing over yourself and those you know need a touch from God in their lives.



Prayer Points

- + Physical healing for long term illnesses
- + Physical healing for those with a terminal condition
- + Healing for broken relationships and families
- + Healing for mental health
- + Healing for emotional hurt, pain, & trauma
- + Spiritual healing for the broken-hearted



DAY 7

Salvation

DAY 7

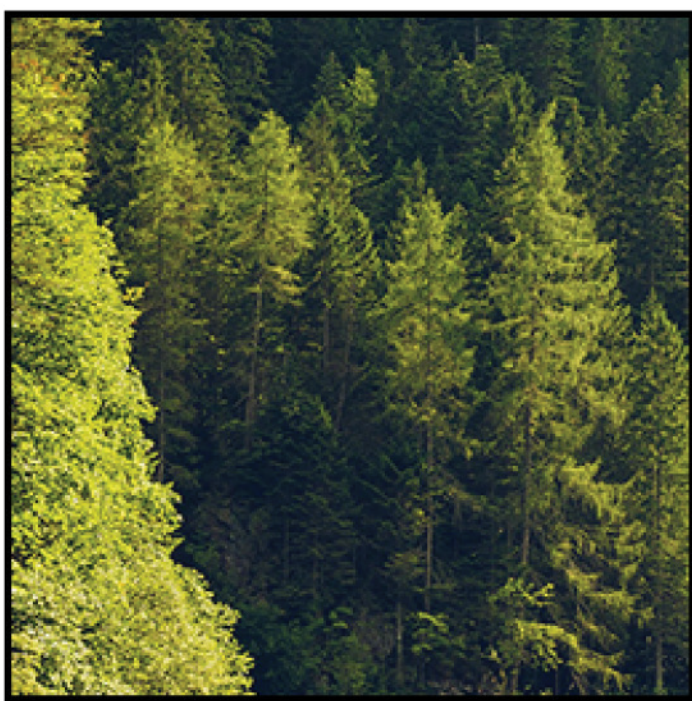
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THEME: SALVATION

Scripture/2 Peter 3:9

"The Lord is not slow in keeping his promise, as some understand slowness. Instead, he is patient with you, not wanting anyone to perish, but everyone to come to repentance."

God's heart is set on filling up Heaven with as many people as possible! Let's pray diligently for an increase of salvation in our families, our city, our nation, and across the World. Pray that God would use you to preach the Gospel and reach the lost!



Prayer Points

- + Salvation unbelieving family and friends
- + Salvation for unbelieving coworkers
- + Salvation for the unbelieving in our Church
- + Salvation for people in our city
- + Salvation for those in America and across the World
- + Wisdom and boldness to share your faith with them



DAY 8

*The Next
Generation*

DAY 8

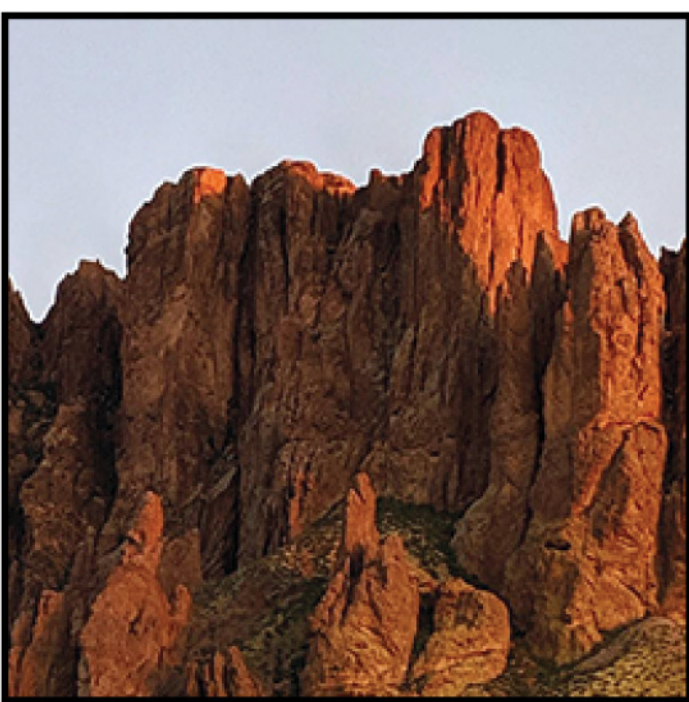
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THEME: THE NEXT GENERATION

Scripture/Psalm 71:17-18

“Since my youth, God, you have taught me, and to this day I declare your marvelous deeds. Even when I am old and gray, do not forsake me, my God, till I declare your power to the next generation, your mighty acts to all who are to come.”

Throughout the history of Christianity, God has always used young people to catalyze the greatest moves of His Spirit. Whether you are young or old, commit to praying for this next generation of Godly men and women here at Radiant, our country, and across the world.



Prayer Points

- + Revival fire in the hearts of our kids, middle and high schoolers, and young adults
- + Boldness to share the gospel in their families, schools, and jobs
- + Confidence in the calling of Christ
- + Acceleration of sanctification and purity
- + Deep desire for personal and corporate prayer
- + Deliverance from temptation, peer pressure, and demonic oppression



DAY 9

*Local and National
Government Leaders*

DAY 9

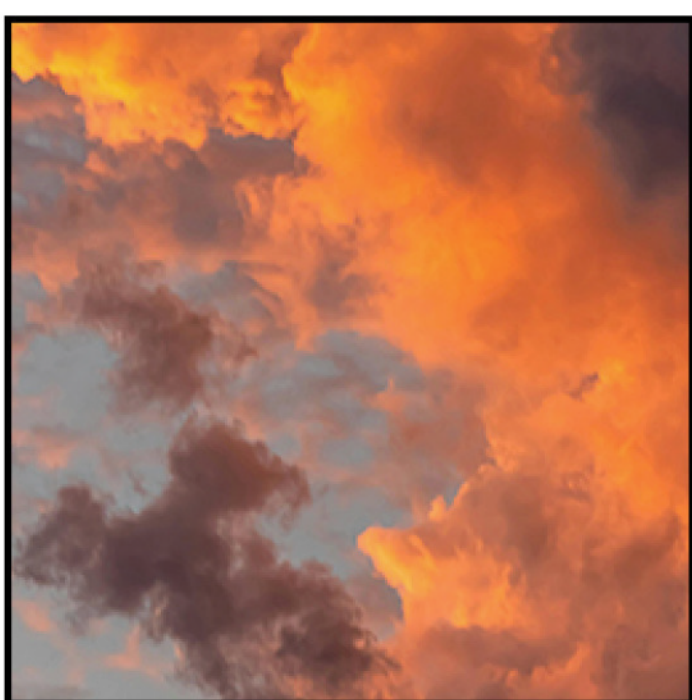
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THEME: LOCAL AND NATIONAL
GOVERNMENT LEADERS

Scripture/1 Timothy 2:1-4

"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth."

Government has always ruled the livelihoods of people living under its jurisdiction. But God calls us to pray for these leaders, that they may be saved and used for light and not darkness. God can use ANYONE! Let's call on His intervention for leaders in our city, our state, and our country.



Prayer Points

- + Salvation for leaders and revival in the government
- + Godly wisdom and stewardship
- + Boldness for the truth
- + Sensitivity to hear Gods Voice
- + Policy and laws that protect the Christian faith

A photograph of the interior of an antelope valley poplar desert, showing smooth, undulating sandstone walls in warm orange and yellow tones. The lighting creates a sense of depth and texture in the rock formations.

DAY 10

*Radiant Pastors,
Staff, and Volunteers*

DAY 10

10
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THEME: RADIANT PASTORS, STAFF,
AND VOLUNTEERS

Scripture/Colossians 1:9-11

"...We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please Him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience"

The Bible is clear about His mission for leaders in the local church. It's very important that we continually pray for those who lead our congregation. Today, focus your prayer on Pastor's Caden and Hope, the entire Radiant team, and their families.



Prayer Points

- + Holy passion and zeal for the mission of God
- + A fresh filling of the Holy Spirit this year
- + Wisdom and revelation
- + Clarity and direction
- + Desire for deeper personal and corporate prayer
- + Protection, health, and peace

We hope you have enjoyed these last 10 days!

We'd love to hear testimonies so please send these to connections@radiantchurch.com or fill out a card on a Sunday. Now that the 10 days has finished, we encourage you to continue to grow and cultivate the daily routine of prayer in your life.

Could you read a book on prayer? Could you fast a day a week or a month? Could you set an alarm at the same time each day and take a few moments to pray? Whatever you do, the key is doing something!

